

EASY AND SAFE CLEANING PRODUCTS for the home



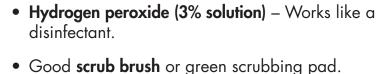




• Plain soap without fragrances or antibacterials – Safer, easy cleaner. Castile soap is a good liquid soap option.



• White vinegar or lemon juice – Cuts grease and smells fresh.





Microfiber Cloth

CLEANING NEED



SAFER ALTERNATIVE



All-Purpose Cleaner

- Mix liquid soap and water (soapy water).
- Mix liquid soap with 1 tbs. of baking soda, then add lemon juice and water.
- Fill a spray bottle with ½ part vinegar and ½ part water, add some lemon juice for fresh scent.



Bathroom: sink, tub & tile

- Dilute 2-3 tbsp. of liquid soap or castile soap in water and clean with a good scrub brush.
- Bon Ami is a great scouring powder.
- Mix 1/2 cup baking soda with diluted soap.
- Hydrogen peroxide (3% solution) mixed with Castile soap and baking soda.



Window, glass and mirror

- Indoors: Use a little warm water on some newspaper or a rag, and wipe.
- Outdoors: Use liquid soap and warm water and wipe with a sponge.



Toilet Bowl

- Pour ¼ cup baking soda into a bowl and sprinkle with vinegar. Let sit for ½ hour, then brush.
- Mix ½ cup Borax with 1 gallon of warm water. Works like a disinfectant and stain remover.



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SAFER ALTERNATIVE



Kitchen: countertop floor & appliances

- Soapy water or soapy water mixed with vinegar.
- Fill a spray bottle with $\frac{1}{2}$ part vinegar and $\frac{1}{2}$ part water.



Mold and Mildew Remover

- Soapy water.
- Let vinegar sit on mold, then clean with soapy water.
- Mix liquid soap, baking soda and 2 capfuls of hydrogen peroxide (3%)



Oven Cleaner

- Bon Ami is an effective, safer option.
- Make a paste with ¼ cup baking soda,
 2 tbsp. salt and hot water. Let paste sit for
 5 minutes and then use a good scrub brush.



Wood Furniture Polish

• Mix 2 parts vegetable oil to one part lemon juice. Rub mixture in and let stand. Polish with a soft cloth.



Air Freshener

- Keep home and closets clean and well-ventilated.
- Simmer water with cinnamon sticks, orange peel or cloves.
- Sprinkle baking soda in bottom of trashcan.
- Insert cloves into whole orange.
- Place bowl of baking soda in refrigerator or around the house.



Drain Cleaner

 Pour ¼ cup baking soda into drain, followed by ½ cup vinegar. After 15 minutes, pour boiling water down the drain (2 quarts).



Hand Soap

Plain soap, free of scents and dye color.

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